



21st Annual MISALIGNED MINDS 100

Bicycle Tour

Saturday

September 18, 2010

8AM - 4PM



Start and Finish -Noble Park
2915 Park Ave. Paducah, KY

Choice of 25, 40, 65 or 100 mile route.



The members of Chain Reaction Cycling Club and the folks at BikeWorld invite you to participate in the 21st **Misaligned Minds Bike**

Tour. This is not a race. You don't have to be a big time rider to take a day and enjoy the adventure of the *Misaligned Minds*.

You have all day to explore the unspoiled country roads of western Kentucky's Jackson Purchase area. If you're somewhat fit, it's easier, but if you can pedal leisurely for three hours you can successfully complete the short route before heading to lunch.

Whether this is your first tour or your fortieth, you'll feel the power of traveling miles relying your own power. You'll experience the special ambience of the very rural area. And, somewhere along the ride you'll discover the mystical magic of a *Misaligned Mind*.

What to Expect

Support: Each route will have rest areas with food, drink and toilets. Drivers in follow vehicles will rotate through the routes to assist in case of mechanical difficulties, offering emergency food or drink and to pick-up any rider looking for a rescue. Routes are clearly marked with arrows marked prominently on the pavement. Each rider also receives a route map.

Rest areas and follow vehicles are available till 4 PM. There's no rigid itinerary. Riders chose the pace and route best suited to their abilities. Mass start. All riders use the same route for five miles then the routes divide.

Route: The tour starts at the edge of town, but after the first three miles there are wide expanses of almost empty roads bordered by green countryside.

The 25 and 40 mile routes are flat. Even beginners can complete them in time to celebrate with lunch at one of the outstanding restaurants unique to Paducah.

The 65 starts flat then has some light hills before flattening out for the final 20 miles.

Century riders get everything, including a few challenging climbs, but we don't have mountains. Riders used to steep roads often turn in a sub 5 century!



Required: Riders must wear helmets and obey traffic laws.

Tee-shirts: A souvenir tee is included with registration, except for "Bareback" Family registrations receive 2 tees. Additional shirts may be purchased for \$15 each.

Early Registration: Registrations postmarked by September 8, 2010 receive a gratitude discount. See entry for details.

Earn a Misaligned Minds tee- minus the ride Volunteers make the *Misaligned Minds* possible! "Misaligned Minds Event Staff" are needed for registration, rest stops and support vehicles. Prior to the event, volunteers mark roads, print maps, stuff bags, and bake homemade goodies. Four hours of work earns you a shirt! To volunteer: 442-0751/ info@bikeworldky.com

Getting Here:

Start and finish:

Bob Noble Park, 2915 Park Ave.

Opens at 7 AM Sat. for registration. Directions: Exit 4 off I-24 on Highway 60 for approximately 2 miles. Turn Left, by the baseball diamonds, into Noble Park.

Early Registration and Packet Pick up

**BikeWorld, 809 Joe Clifton Drive
Friday, September 17, 10 AM-7 PM.**

Directions: Exit 4 off I-24 on Highway 60 for approximately 2 miles. Turn right on to Joe Clifton Drive. BikeWorld is the 6th business on the right.

ENTRY FORM

Fill out and sign back of this form and return it to:
MISALIGNED MINDS, c/o BIKEWORLD,
809 Joe Clifton Dr. Paducah, KY 42001

Last Name First Name

Male _____ Female _____ Age _____

Route Selection: __25 Mi. __40 Mi. __65 Mi. __100 Miles

E-Mail (Print Neatly)

Primary Phone Other phone

Mailing Address

Emergency name and phone of contact reachable in case of accident

Entry Choices:

Bare Back: Riders have access to well stocked rest areas, toilets, cue sheets, clearly marked roads and SAG (vehicle) support.
Individual \$15. _____ Family \$35. _____

Early Bird: Entries hand delivered or postmarked before or on September 8, 2010. Includes a Misaligned Minds souvenir t-shirt, (individual entry-one shirt, family entry-two shirts) rest areas, toilets, cue sheets, clearly marked roads and SAG support 8 AM to 4 PM.
Individual: \$22 _____ Family: \$50 _____

Regular: Entries postmarked September 9, 2010 or later, Includes a Misaligned Minds souvenir t-shirt, (individual entry-one shirt, family entry-two shirts) rest areas, toilets, cue sheets, clearly marked roads and SAG support 8 AM to 4 PM.
Individual: \$25 _____ Family: \$55 _____

Mark size(s) & quantity of shirt(s) -adult sizes:

____S ____M ____L ____XL ____XXL

Quantity of Extra Shirts: _____ X \$15 = _____

Times you've ridden Misaligned Minds? _____

Release Form

PARTICIPATION ACKNOWLEDGMENT OF RISK AND RELEASE

In consideration of the services of Chain Reaction Cycling Club and BikeWorld, Inc., their agents, owners, officers, sponsors, volunteers, participants, employees, and all other persons or entities acting in any capacity on their behalf of myself, my children, my parents, my heirs, assigns, personal representative and estate as follows: I acknowledge that bicycling entails known and unanticipated risks which could result in physical or emotional injury, paralysis, death, or damage to myself, to property, or to third parties. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of these activities.

I expressly agree and promise to accept and assume all of the risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks. I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless all sponsors and organizers, individuals or organizations, from any and all claims, demands, or causes of action, which are in anyway connected with my participation in this activity, including any such claims which allege negligent acts or omissions of said individuals or organizations.

I further certify I am willing to assume all costs that may be created, directly or indirectly, by any such injury or damage. I acknowledge that I am responsible for obeying all traffic laws and I am agreeing to wear a bicycle helmet while participating in this event.

I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms.

Signature of Participant:

Date: _____

MAKE CHECKS PAYABLE TO:

Chain Reaction Cycling Club

MAIL TO:

MISALIGNED MINDS

c/o BIKEWORLD

809 Joe Clifton Dr. Paducah, KY 42001